

Information

The vascular unit consists of two wards - Theatre admissions Unit (TAU) for admission of elective patients on the day of their procedure and Day care patients and Eliot ward for in-patient vascular cases.

Surgical intensive recovery unit (SIRU): a mixed sex area which provides intensive nursing care for all complex post-operative vascular patients. This provides vascular patients with a short period (24-48 hrs) concentrated surgical nursing and medical care after their procedure.

The vascular unit has links to high dependency and intensive care units. All acute carotid conditions (TISA/Stroke) are admitted to the hyper –acute stroke unit. All carotid surgery, when indicated, is preformed within 72 hrs

Eliot ward has 33 beds which include 3 vascular monitoring beds for patients requiring enhanced monitoring and Thrombolysis treatment for the management of acute limb ischaemia / DVT.

Thrombolysis treatment is administered and managed by the senior nursing staff on the ward following emergency treatment in our Interventional Radiology suite.

Information for visitors

- Visitors are welcome from 11am – 9pm daily. We ask that two visitors per patient visit the bedside at one time to protect the privacy of other patients and encourage periods for rest.
- To reduce risk of infection, please do not sit on the beds.
- Flowers are not allowed for infection control reasons.
- You can use your mobile phone on the ward but please make sure that it is kept on silent at all times and to respect other patients while using it, especially when they may be asleep.

Ward rounds

Ward rounds generally start at 08.30 am. The ward rounds are led by a designated vascular consultant and vascular registrar of the week.

Nurses do medication administration rounds at 0800, 1200, 1800 and 2200. Please try not to disturb nurses doing medication rounds; there will be other members of staff who can

help you. If you can't see another member of staff please press your nurse call bell for assistance.

Protected meal times

We operate protected meal times to enable patients to enjoy their meals without interruption and ensure their nutrition needs are being met.

Ward mealtimes

- Breakfast 8.00 – 10.00
- Lunch: 12.00 – 13.00
- Dinner: 17.00 – 18.00

We advise that you speak to the Sister in charge if you would like to stay during these times and assist with the patient you are visiting.

After your surgery (Physiotherapy /Occupational therapy input)

Get Up, Get Dressed and Get Moving

Supporting patients' recovery and prevent deconditioning.

Inactivity and prolonged bed rest are unnatural states for the human body that may result in complications.

What you can do:

Get dressed in comfortable clothing (not pyjamas and gowns).

Get up and be as active as possible and do as much as you can for yourself.

Ensure you eat and drink regularly even if it's little and often.

Keep mentally active by staying in touch with life outside the hospital like reading a newspaper, listening to the radio and talking with friends and family.

Our physiotherapy service will help mobilise you after your vascular surgery.

The occupational therapy team may assess you to see if you need assistance or equipment to help you as you recover from your surgery.

Tell us what you think

We hope your stay is as pleasant as possible. If you or any of your visitors have a question, compliment or concern, we welcome your feedback and encourage you to:

- Speak to the nurse looking after you or the Sister in charge of the ward.
- Complete our [patient survey](#).